



COVID-19 SAFETY PLAN

Dandenong & District Netball Association

Association/Club	Dandenong & District Netball Association
Ground Location	Gloria Pyke Netball Complex Bennett Street Dandenong 3175
Club Facility Location	Greaves Reserve
Club President/Association CEO	Genevieve Rosewall
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Version 1	
Plan date	23/06/20
Martha Langham is responsible for this document.	

Version 2 27/10/2020 M.Langham Updated Guidelines Netball Victoria.

Facemasks

Metropolitan Guidelines

Metropolitan Venue

What to do with a suspected case.

Quick Response QR Codes

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1. Introduction

The purpose of this COVID-19 Safety Plan is to provide an overarching plan for the implementation and management of procedures by Dandenong & District Netball Association to support Dandenong & District Netball Association and its members and participants in the staged resumption of community sport and club activities.

The arrangements set out in this Plan are intended to prevent the transmission of COVID-19 among members, participants, coaches, officials, administrators/volunteers, visitors, families and the broader community. The Plan provides the framework to govern the general operation of the [Dandenong & District Netball Association any facilities it controls, the playing/training behaviour of all members and participants and the monitoring and reporting of the health of attendees at [Dandenong & District Netball Association facilities.

This Plan includes, but is not limited to, the conduct of:

- a. staged training and competition activities (sport operations); and
- b. facility management and supporting operations (facility operations).

At all times, the Plan is subject to all regulations, guidelines and directions of government and public health authorities.

2. Key Principles

This Plan is based on, and accepts, the AIS [Framework for Rebooting Sport in a COVID-19 Environment](#) (**AIS Framework**) and the [National Principles for the Resumption of Sport and Recreation Activities](#) (**National Principles**).

The Plan also accepts as key principles that:

- The health and safety of members, participants, coaches, officials, administrators/volunteers, visitors, families, and the broader community is the number one priority.
- Members, participants, coaches, officials, administrators/volunteers, families and the broader community need to be engaged and briefed on [Dandenong & District Netball Association]'s return to sport plans.
- Facilities are assessed and appropriate plans are developed to accommodate upgraded hygiene protocols, physical distancing and other measures to mitigate the risk of transmission of COVID-19;
- Training cannot resume until the arrangements for sport operations and facility operations are finalised and approved, if necessary; and
- At every stage of the return to sport process Dandenong & District Netball Association must consider and apply all applicable State and Territory Government and local restrictions and regulations. Dandenong & District Netball Association needs to be prepared for any localised outbreak at our facilities, within our competitions or in the local community.

3. Responsibilities under this Plan

Dandenong & District Netball Association retains the overall responsibility for the effective management and implementation of the return to sport activities and operations outlined in this Plan.

The Board/Committee of Dandenong & District Netball Association is responsible for:

- Approving the Plan and overseeing the implementation of the arrangements in the Plan; and
- Revising the Plan as required, ensuring it reflects up to date information from government and public health officials.

The [Board/Committee] has appointed the following person as the [Dandenong & District Netball Association COVID-19 Safety Coordinator to execute the delivery of the Plan and to act as a point of contact for information relating to this Plan:

Name	Martha Langham
Contact Email	martha@netballdandenong.com.au
Contact Number	97946168

Dandenong & District Netball Association expects all members, participants, coaches, officials, administrative staff and volunteers to:

- Comply with the health directions of government and public health authorities as issued from time to time;
- Understand and act in accordance with this Plan as amended from time to time;
- Comply with any testing and precautionary measures implemented by Dandenong & District Netball Association
- Act with honesty and integrity in regard to the state of their personal health and any potential symptoms; and
- Monitor their health and take a cautious approach to self-isolation and reporting of potential symptoms.

4. Return to Sport Arrangements

As at the date of this Plan, participants are training at Level A of the AIS Framework. The Plan outlines specific sport requirements that Dandenong & District Netball Association will implement for Level B and Level C of the AIS Framework.

Dandenong & District Netball Association will transition to the training activity and facility use as outlined in Level B of the AIS Framework and the training/competition activities and facility use outlined in Level C of the AIS Framework when permitted under local restrictions and regulations.

4.1 AIS Framework Arrangements

The protocols for conducting sport operations and facility operations under Level B and Level C of the AIS Framework are set out in the Appendix.

4.2 Roadmap to a COVIDSafe Australia

Dandenong & District Netball Association] will also comply with the Australian government's [Roadmap to a COVIDSafe Australia](#), which places limits on the type of activity that can be conducted and the number of people who can gather at facilities, notwithstanding the activities permitted by the AIS Framework (see below).

AIS Activities	Level A: Training in no more than pairs. Physical distancing required.	Level B: Indoor/outdoor activity. Training in small groups up to 10. Physical distancing required.		Level C: Full sporting activity (training and competition) allowed. No restriction on numbers. Contact allowed.	
Roadmap Activities	N/A	Step 1: No indoor activity. Outdoor sport (up to 10 people) consistent with AIS Framework	Step 2: Indoor/outdoor sport up to 20 people. Physical distancing (density 4m ²).	Step 3: Venues allowed to operate with up to 100 people with physical distancing. Community sport expansion to be considered consistent with AIS Framework.	Further steps TBC

5. Recovery

When public health officials determine that the outbreak has ended in the local community, Dandenong & District Netball Association will consult with relevant authorities to identify criteria for scaling back its COVID-19 prevention actions. Dandenong & District Netball Association will also consider which protocols can remain to optimise good public and participant health.

At this time the Committee/Board of Dandenong & District Netball Association will consult with key stakeholders to review the delivery of its return to sport arrangements and use feedback to improve organisational plans and systems.

Appendix: Outline of Return to Sport Arrangements

Part 1 – Sport Operations

Area	Plan Requirements (for activities under AIS Framework Level B)	Plan Requirements (for activities under AIS Framework Level C)
Approvals	<p>The club must obtain the following approvals to allow a return to training at Level B:</p> <ul style="list-style-type: none"> • State/Territory Government approval of the resumption of community sport. • Relaxation of public gathering restrictions to enable training to occur. • Local government/venue owner approval to training at venue, if required. • National/state sporting body/local association approval of return to training for community sport. • Club committee has approved return to training for club. • Insurance arrangements confirmed to cover training. 	<p>The club must obtain the following approvals to allow a return to training/competition at Level C:</p> <ul style="list-style-type: none"> • Relaxation of public gathering restrictions to enable training to occur. • Local government/venue owner approval to training/competition at venue, if required. • National/state sporting body/local association approval to return to training/competition for community sport. • Club committee has approved return to competition for club. • Insurance arrangements confirmed to cover competition.
Training Processes	<p>[Club to detail specifics of training processes. Should cover:</p> <ul style="list-style-type: none"> • Club to emphasise AIS Framework principle of “Get in, train, get out” – arrive ready to train. 	<p>[Club to detail specifics of training/competition processes. Should cover:</p> <ul style="list-style-type: none"> • AIS Framework principles – full sporting activity that can be conducted in groups of any size (subject to COVIDSafe Roadmap) including full contact.

	<ul style="list-style-type: none"> • Length and scheduling of training sessions to reduce overlap. • Clearly outline nature of training permitted (e.g. small groups to train and for team meetings, equipment/skill drills able to be used, certain sport activities not permitted during Level B training, no contact including high fives/hand shaking, no socialising or group meals). • Defined training areas for each training group, maintaining base density requirement of 4 square metres per person and physical distancing (>1.5 metres). • Sanitising requirements, including use of sanitising stations. • Treatment of shared equipment (e.g. sanitise equipment before, during, after sessions) and use of such equipment to be limited. • No sharing of personal equipment. • Personal hygiene encouraged (e.g. wash hands prior to training, no spitting or coughing). • Guidance for travel arrangements (e.g. physical distancing on public transport, limit carpool/taxi/Uber use). • Training attendance register kept]. 	<ul style="list-style-type: none"> • For larger team sports, consider maintaining some small group separation at training. • Limit unnecessary social gatherings. • Clearly outline nature of training permitted. • Access to treatment from support staff. • Sanitising requirements continue from Level B. • Treatment of shared equipment continues from Level B. • Personal hygiene encouraged (e.g. wash hands prior to training, no spitting) • Avoid coughing where possible and if so conduct in a discrete manner • Training/playing attendance register kept].
Personal health	<p>[Club to detail specifics of personal health protocols. Should cover:</p> <ul style="list-style-type: none"> • Graded return to sport to avoid injury. • Advice to players, coaches, volunteers to not attend if unwell (including any 	<p>[Club to detail specifics of personal health protocols. Should cover:</p> <ul style="list-style-type: none"> • Requirements continue from Level B].

	<p>signs/symptoms of cold, flu, COVID-19 or other illness).</p> <ul style="list-style-type: none"> • Washing of hands prior to, during and after training and use of hand sanitiser where available. • Avoid physical greetings (i.e. hand shaking, high fives etc.). • Avoid coughing, clearing nose, spitting etc. • Launder own training uniform and wash personal equipment]. • Wear a mask at all times unless you are doing physical activity. 	
Hygiene	<p>ClubS to detail specifics of hygiene protocols to support training. Should cover:</p> <ul style="list-style-type: none"> • Any safe hygiene protocols distributed by national/state sporting body or local association that will be adopted by club. • Guidelines for sanitisation and cleaning, including requirements for sanitisation stations]. • Practice Good Hygiene methods. 	<p>[Club to detail specifics of hygiene protocols to support training/playing. Should cover:</p> <ul style="list-style-type: none"> • Hygiene and cleaning measures to continue from Level B].
Communications	<p>[Club to detail specifics of communications plan to be adopted by the Club in communicating to players, coaches, members, volunteers, and families. Should cover:</p> <ul style="list-style-type: none"> • How club will brief players, coaches, and volunteers on return to training protocols including hygiene protocols (e.g. letter, email, text/WhatsApp message, Facebook post) and 	<p>[Club to detail specifics of communications plan to be adopted by the Club. Should cover:</p> <ul style="list-style-type: none"> • How Club will brief players, coaches, members, volunteers, and families on Level C protocols including hygiene protocols (e.g. letter, email, text/WhatsApp message, Facebook post) and reinforcement of hand washing and general hygiene etiquette.

	<p>reinforcement of hand washing and general hygiene etiquette.</p> <ul style="list-style-type: none"> • Endorsement of government COVIDSafe app and encouragement to players, coaches, members, volunteers, and families to download and use app. • How Club will promote good personal hygiene practices in and around training sessions and in Club facilities (e.g. posters in bathrooms). • How individuals can access mental health and wellbeing counselling services]. 	<ul style="list-style-type: none"> • Continued endorsement of government COVIDSafe app and encouragement to players, coaches, members, volunteers, and families to download and use app. • How individuals can access mental health and wellbeing counselling services].
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Part 2 – Facility Operations

Area	Plan Requirements (for activities under AIS Framework Level B)	Plan Requirements (for activities under AIS Framework Level C)
Approvals	<p>The club must obtain the following approvals to allow use of club facilities at Level B:</p> <ul style="list-style-type: none"> • State/Territory Government approval of the resumption of facility operations. • Local government/venue owner approval to use of facility, if required. • Club committee has approved plan for use of club facilities. • Insurance arrangements confirmed to cover facility usage. 	<p>The club must obtain the following approvals to allow use of club facilities at Level C:</p> <ul style="list-style-type: none"> • State/Territory Government approval of the resumption of facility operations. • Local government has given approval to use of facility, if required. • Club committee has approved plan for use of club facilities. • Insurance arrangements confirmed to cover facility usage.

Facilities	<p>[Club to detail specifics of how facilities should operate after a sport-specific structured risk assessment is undertaken. Should cover:</p> <ul style="list-style-type: none"> • Parts of facilities that are available during Level B restrictions; limit to toilets and medical facilities and minimise use of communal facilities. • Hygiene and cleaning protocols. • Provision of appropriate health and safety equipment, Personal Protective Equipment (PPE) and personal hygiene cleaning solutions]. 	<p>[Club to detail specifics of how facilities should operate. Should cover:</p> <ul style="list-style-type: none"> • Return to full use of Club facilities. • Hygiene and cleaning protocols measures as per Level B. • Provision of appropriate health and safety equipment, Personal Protective Equipment (PPE) and personal hygiene cleaning solutions as per Level B].
Facility access	<p>[Club to detail specifics of facility access protocols. Should cover:</p> <ul style="list-style-type: none"> • Details of any health screening measures (e.g. temperature checks etc.) prior to entry to any facilities and any privacy measures club will take to protect sensitive health information. • Restrictions on facility access to limit anyone who has: <ul style="list-style-type: none"> – COVID-19 or has been in direct contact with a known case of COVID-19 in the previous 14 days. – Flu-like symptoms or who is a high health risk (e.g. due to age or pre-existing health conditions). – Travelled internationally in the previous 14 days. • Who may attend the club facilities: only essential participants should attend to minimise numbers; not more than one parent/carer to attend with children; gathering numbers should not exceed 	<p>[Club to detail specifics of facility access protocols. Should cover:</p> <ul style="list-style-type: none"> • Continue Level B protocols as appropriate. • Who may attend the club facilities: gathering numbers should not exceed government allowances (COVIDSafe Roadmap maximum gatherings: Step 1 (10 people), Step 2 (20 people), Step 3 (100 people)). • Any spectators should observe physical distancing requirements (>1.5 metres) and density requirements (one person per 4 square metres). • Managed access including separate entry/exit points, managed traffic flows, stagger arrival/departure times. • Non-essential personnel to be discouraged from entering change rooms. • Physical distancing protocols including use of zones in clubrooms, change rooms, bar/canteen including by use of physical zone indicators.

	<p>government allowances (COVIDSafe Roadmap maximum gatherings: Step 1 (10 people), Step 2 (20 people), Step 3 (100 people))</p> <ul style="list-style-type: none"> • Any spectators should observe physical distancing requirements (>1.5 metres). • Detailed attendance registers to be kept]. 	<ul style="list-style-type: none"> • Bar/canteen operations to include food and cash handling protocols, hygiene and cleaning measures and established zones. • General advice on physical distancing in club facilities including discouraging face to face meetings where possible, restricting site visitors, deferring or splitting up large meetings. • Detailed attendance register to be kept].
<p>Hygiene</p>	<p>[Club to detail specifics of hygiene protocols to ensure regular sanitisation and cleaning of club facilities. Should cover:</p> <ul style="list-style-type: none"> • Any safe hygiene protocols distributed by national/state sporting body or local association that will be adopted by club including: <ul style="list-style-type: none"> – Availability of hand sanitiser at entry/exit points to venue and elsewhere. – Protocols for sanitising stations, sanitising shared equipment, uniforms. – Cleaning standards – increase regular cleans and frequent wiping of high touch surfaces. – Displaying posters outlining relevant personal hygiene guidance. – Avoiding shared use of equipment. – Provide suitable rubbish bins with regular waste disposal. – Guidelines for sanitisation and cleaning of Club facilities]. 	<p>[Club to detail specifics of hygiene protocols to support use of club facilities. Should cover:</p> <ul style="list-style-type: none"> • Continue hygiene and cleaning measures as per Level B].

Management of unwell participants	<p>[Club to detail specifics of protocols to manage unwell participants at a club activity. Should cover:</p> <ul style="list-style-type: none"> • Isolation/medical requirements for all players, members, volunteers and their families at the onset of any symptoms including club facilities that can be used to manage symptomatic participants. • Training of volunteers/club management on treatment of symptomatic participants and disinfecting of facilities used by such participants. • Notification protocols for notifying public health authorities and other attendees of symptomatic participants]. 	<p>[Club to detail specifics of protocols to manage unwell participants at a club activity. Should cover:</p> <ul style="list-style-type: none"> • Measures as per Level B].
Club responsibilities	<p>The club will oversee:</p> <ul style="list-style-type: none"> • Provision and conduct of hygiene protocols as per the Plan. • The capture of a record of attendance at all training and club activities and maintaining an up-to-date log of attendance. • Coordination of Level B field and training operations. • Operation of the club's facilities in support of all Level B training activities in accordance with this Plan. 	<p>As per Level B.</p>

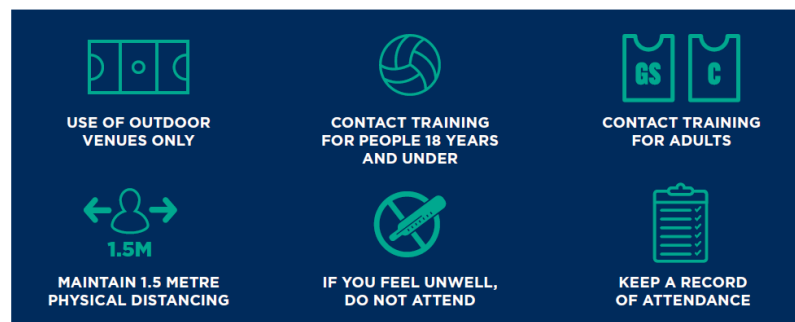
Netball Victorias Updated Resources you can find here <https://vic.netball.com.au/resources-1> Updated 15/06/21.

[Netball Victoria - DDNA Covid Safe Plan](#) Updated 15/06/21.

Currently as of 11th June 2021



GUIDELINES FOR NETBALL VICTORIA MEMBERS



ACTIVITY AND GROUP LIMITS

Use of outdoor venues only.

Contact and non-contact training permitted for all ages.

Train with the number of people required, plus coaches, umpires and essential support personnel.

All participants involved in training should be from a single sports team.

Travel limit of 25km from the place of your primary residence.

You cannot travel to regional Victoria for any community sport activity.

Arrive dressed and ready to train.

If required, you will be responsible for your own strapping and taping.

Do not arrive prior to the activity commencing - check the recommended arrival time.

Limit crossing over or mingling with other groups.

Maintain 1.5 metre physical distancing when not participating.

Ensure you are a registered Netball Victoria member.

RECORDING ATTENDANCE

You must record your attendance using the Service Vic QR code app.

Contact the venue if you require assistance to check-in using a QR code.

[Click here to download QR Codes resource](#)

FACE MASKS

Everyone, 12 years and over, must carry a face mask.

A face mask must be worn indoors and outdoors.

Participants do not need to wear a face mask during training.

[Click here to download face mask resource](#)

EQUIPMENT

Minimise the use of shared equipment.

All equipment should be cleaned and sanitised between each session.

Do not share personal items.



RETURN TO COMMUNITY NETBALL

Effective Friday 11 June, 2021

METRO
MELBOURNE

NO SPECTATORS

No spectators permitted at any venue.

People required to supervise children and people required to support individuals with additional needs are permitted.

Maximum limit of 100 people per venue.

Groups of no more than 10 people should gather, and groups should spread out around the venue.

FACILITIES

Access to toilets is permitted.

No access to change rooms and showers.

No access to clubrooms and social rooms.

Canteens remain closed.

VENUES

Follow all signage or instructions that direct the flow of traffic or prevent access to areas of the facility.

Follow signage indicating the maximum number of people permitted in any space at a single time. Density quotient of 1 person per 4 square metres applies.

HEALTH AND HYGIENE

Always carry a face mask and wear it as required.

If you feel unwell, do not attend.

Wash your hands with soap and water before and after the session.

Use approved hand sanitiser before, during and after each session.

Refrain from all unnecessary body contact.

Community netball participants should not return to netball if in the last 14 days they have been unwell or had close contact with a known or suspected case of COVID-19.

Community netball participants must stay informed about case locations and exposure sites. [Click here to view exposure sites](#)

*Anyone who has visited a **Tier 1** exposure site during the specified time must isolate, get a COVID-19 test, and remain isolated for 14 days.*

*Anyone who has visited a **Tier 2** exposure site during the specified times is encouraged to get a COVID-19 test and isolate until they receive a negative result.*

Refer to Department of Health and Human Services processes upon confirmation of a positive COVID-19 case.

[Click here to refer to the Dealing with a Suspected Case resource if required.](#)

For more information contact Netball Victoria at participation@netballvic.com.au



RETURN TO COMMUNITY NETBALL

Effective Friday 11 June, 2021



GUIDELINES FOR ASSOCIATIONS AND CLUBS



USE OF OUTDOOR VENUES ONLY



CONTACT TRAINING FOR PEOPLE 18 YEARS AND UNDER



CONTACT TRAINING FOR ADULTS



MAINTAIN 1.5 METRE PHYSICAL DISTANCING



IF YOU FEEL UNWELL, DO NOT ATTEND



KEEP A RECORD OF ATTENDANCE

ACTIVITY AND GROUP LIMITS

Contact and non-contact training permitted for all ages.

Train with the number of people required, plus coaches, umpires and essential support personnel.

All participants involved in training should be from a single sports team.

Do not cross over or mingle with other groups.

Travel limit of 25km from the place of primary residence.

Maintain 1.5 metre physical distancing when not participating.

Ensure all participants are registered Netball Victoria members

VENUES

Use of outdoor venues only.

Indoor venues remain closed.

Maximum limit of 100 people per venue.

Maximum venue limit includes players, coaches, umpires and essential support personnel.

Maximum venue limit does not include staff.

Where the facility has multiple courts, the maximum limit of 100 people still applies.

Density quotient of 1 person per 4 square metres applies.

RECORD KEEPING

Everyone entering the venue, including children, must record their attendance.

Venues must use the Service Vic QR code app to record attendance.

Display the QR code in multiple locations around the venue.

Assist individuals to use the QR code or make a device available.

[Click here to download QR Codes resource](#)

FACE MASKS

Everyone, 12 years and over, must carry a face mask.

A face mask must be worn indoors and outdoors.

Participants do not need to wear a face mask during training

[Click here to download face mask resource](#)

EQUIPMENT

Minimise the use of shared equipment.

All equipment should be cleaned and sanitised between each session.

Each group should provide their own set of bibs.

Each group should provide their own first aid kit with sufficient supply of gloves and sanitiser.



RETURN TO COMMUNITY NETBALL

Effective Friday 11 June, 2021

METRO
MELBOURNE

NO SPECTATORS

No spectators permitted at any venue.

People required to supervise children and people required to support individuals with additional needs are permitted.

Maximum limit of 100 people per venue.

Groups of no more than 10 people should gather, and groups should spread out around the venue.

FACILITIES

Access to toilets is permitted.

No access to change rooms and showers.

No access to clubrooms and social rooms.

Canteens remain closed.

VENUE MANAGEMENT

Contact your local council or facility manager to confirm access.

Where required, update the COVIDSafe Plan.

[Click here to download COVIDSafe Plan template](#)

Manage the arrival and departure of participants to ensure they maintain physical distancing.

Clearly mark entry and exit points throughout the venue and stagger session times where possible.

Provide hand sanitising dispensers at entry and exit points and throughout the venue.

Provide physical barriers or floor markings to ensure physical distancing can be maintained.

Display signage to indicate the maximum number of people permitted in any space at a single time.

Regularly clean communal areas with disinfectant and maintain a cleaning log.

Regularly clean and disinfect frequently used surfaces, such as benchtops and doorknobs.

HEALTH AND HYGIENE

Promote hand washing and sanitising by all staff, volunteers and participants.

Encourage everyone to maintain 1.5 metre physical distancing when not participating.

Display relevant COVID-19 health and hygiene posters around your venue.

Community netball participants should not return to netball if in the last 14 days they have been unwell or had close contact with a known or suspected case of COVID-19.

Community netball participants must stay informed about case locations and exposure sites. [Click here to view exposure sites](#)

*Anyone who has visited a **Tier 1** exposure site during the specified time must isolate, get a COVID-19 test, and remain isolated for 14 days.*

*Anyone who has visited a **Tier 2** exposure site during the specified times is encouraged to get a COVID-19 test and isolate until they receive a negative result.*

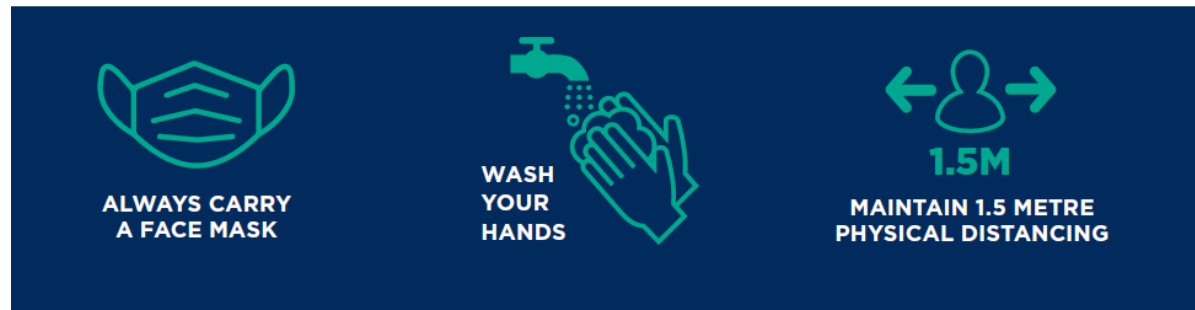
Refer to Department of Health and Human Services processes upon confirmation of a positive COVID-19 case.

[Click here to refer to the Dealing with a Suspected Case resource if required.](#)

For more information contact Netball Victoria at participation@netballvic.com.au



FACE MASKS



OUTDOOR VENUES

PLAYERS

Players do not need to wear a face mask during training.

Players must wear a face mask before and after training and when moving around the venue.

COACHES AND TEAM OFFICIALS

Coaches and team officials must wear a face mask.

ADMINISTRATORS AND VOLUNTEERS

Administrators and volunteers must wear a face mask.

PARENTS/GUARDIANS

Parents/guardians must wear a face mask.

Parents/guardians are required to maintain 1.5 metre physical distancing and should follow all gathering restrictions.

INDOOR VENUES

Indoor venues are closed for the purpose of sport and recreation.

HEALTH AND HYGIENE

Wash your hands.

Check in and record your attendance.

Do not gather in large groups and maintain 1.5 metre physical distancing when not participating.

Anyone who is unwell should not attend.

Anyone experiencing COVID-19 symptoms should get tested.

For more information go to vic.netball.com.au/covid-19-information

